

# CARMEL CONVENT SR. SEC. SCHOOL

(AFFILIATED TO CBSE NEW DELHI)

## CARMEL TIDINGS

MARCH 2019 TO OCTOBER 2019

'A GLANCE INTO....'

*Principal's Message:-*



**"BE THE CHANGE!"**

Carmel School in Gwalior, an old city has a new face now, and a new change of leadership. I am here with an open mind because I believe that change is always good. As a leader I must be the first one to initiate changes. Changes in my thinking, changes in my feeling and changes in my doing. In the end we only regret the chances we have lost. Let go off the old you and welcome new experiences, new friends, new ideas and new activities. You can't keep being stuck in the past and asking for something better. Allow new vibes. To reach a successful destination you need a vehicle assembled with wheels of ideas, the fuel of action, a driver with patience and hard work. You cannot change the circumstances, the seasons or the wind but you can change your thinking, attitude and therefore your response. This is where your power is. If you want to bring out the best in others you have to create the right context for it. You be yourself and then people can be themselves with you. If anybody around you is tired, may be you need to wake up. If anybody is superficial, may be you need to be more sincere. If anybody is old fashioned may be you need to be modern. If everybody is doing the minimum may be you need to do the maximum. If everyone is only preaching may be you need to walk the talk. If everyone is wasting time may be you need to make best use of your time. If everyone is rushing and have no time for others may be you need to connect with one another. If all are noisy may be you need to be peace loving. Don't be carried away with the worldly values and aspirations. Be in touch with the divine. The only way the people around you are likely to change is only if you change. So be the owner of your power to change. Yes dear Parents, Staff and Students a small group of thoughtful, committed members of Carmel School can change the world. Be the change. Jai Hind!

**'Forget me not...' by 1985 batch**

All other members of staff,  
My lovely classmates,  
My respected school mates,  
My Alma Mater.

Finally, the strength with which I carry on;  
The confidence with which I speak;  
My honesty sincerity and peace-making,  
Are qualities incorporated in me by my Alma Mater.  
Immortal, are your memories.

The day came, it was 'farewell'.  
Good-bye, said my Alma Mater.  
And I was out of the shell,  
With roses topped with tear drops as dew.  
I was about to go to a world which was entirely new.  
Blessings, teachings, wishes and memories,  
Were all I could carry with me.

*When the world comes hard on us, it's your teachings and blessings that get us through.*

*As life goes on, CCS Remains my favourite.*

*Proud CARMALITES !!*

Like one's bountiful mother  
There was an altruistic place,  
Where my fancy adolescence,  
Was carved into sophistication.

There I was taught who GOD was,  
It instilled in me my values.  
It taught me what my parents meant,  
And the need to be generous.

It held my finger when I was naïve,  
And showed me how to grow.  
Through all tough teenage years,  
It assisted my wisdom to grow.

My parents gave me roots,  
But, the soil, heat and water it fed.  
And for all fruitful days in life,  
I owe it to my Alma Mater.

The strength with which I carry on,  
The confidence in my speech,  
Is all because I sat in a world  
That taught me honesty, sincerity and peace.

Its memories are immortal.  
And the images linger in my heart.....  
And though in life I will move on.  
My school will always remain my sweetheart

#### **EVENT AT LARGE**

REOPENING – 18<sup>TH</sup> March saw the re- opening of the school for all classes with the exception of the XI standard . Under the usual hustle bustle , the children bubbled down to the regular classes with students in their new classes with excited faces and enthusiasm .

XII A & B presented their assembly under the topic – “Spring & a beautiful world” . And XII C , D presented the following week with the topic “When it rains , look for raindrops , and when it is dark look for stars”.The students imparted good messages .The certificate for full attendance were also distributed .

Investiture ceremony - Like every academic year this year too began with the investiture ceremony bringing in the new office bearers and the new parliament with their respective teachers and association heads. The chief guest for the investiture ceremony was Mrs. Nilanjana Singh who appreciated the grand ceremony . The programs were finely performed and gave the event a bright perspective.



Parents Orientation Programme – The parents of students of IX to XII were given an opportunity to get to know the teachers of their wards. They were addressed by Rev.Sr.Virginia and the teachers who told them the significance of being regular to the classes . They were reminded to send their wards to school everyday.

Labour's Day – The labour's Day was celebrated on 30<sup>th</sup> April. The auxiliary staff of the school was presented tokens of gratitude for their hard work and diligence. A brief programme was presented by the students of VII std.



Health and Hygiene Programme - A Health and Hygiene Programme was conducted by Proctor and Gamble for the students of class VII and VIII . The students were told how to take care of their health.

Farewell to Sr. Virginia - It was with a sad heart that the staff and children of Carmel Convent School , bid a farewell to our dear principal Rev. Sr. Virginia. We wish her well in the future and pray for her well being.



Seminar - Every academic session ,begins with motivational seminar to upgrade the teachers and give them an impetus , before launching into the academic marathon of 2019 – 20. Mr. Ajin Joseph from Delhi , a very well versed speaker took the teachers into the travails of a good facilitator and stressed on self motivation.



School Re-opening – The school re – opened after the summer vacations on 1<sup>st</sup> July. The students came to school with warm smiles and enthusiasm after a long vacation.

Welcoming our new principal and Manager - A small prayer service was conducted to welcome our new principal Rev Sr. Ramya and the Manager Rev.Sr. Ancy . Sr .Ramya addressed the students and the staff with full appreciation.



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Carmel Day Celebration - On 16<sup>th</sup> of July Carmel Day was jubilantly celebrated. The class 6<sup>th</sup> students presented the programme during the assembly. Starting with a prayer, a wonderful dance and skit based on the life of Mother Teresa of St. Rose of Lima was presented by the students , which was highly appreciated.



Independence Day Celebration – The 15<sup>th</sup> August 2019 was a colourful event. It was not only the patriotic fervor, but also the creative impact of the students of class 9<sup>th</sup>. The lively comparing and the patriotic dances and songs were marvelous. The chief guests Mrs Madhumita Bhattacharya and Mrs. Eugene Extros together hoisted the flag with much adoration and gave the message to the students.



Adventure Camp – An adventure camp was conducted on 16<sup>th</sup> and 17<sup>th</sup> of August. Students of std 1 to 12 enthusiastically took part in it. The students enjoyed splashing in water park, the puppet show, magic show , rope climbing and the planetarium. The students and the teachers enjoyed the rain dance. The students were taken for the movie Mission Mangal which imparted scientific knowledge.



Fit India Movement – A nation wide movement was launched by Honourable Prime Minister Mr . Narendra Modi to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. The live telecast was shown to the students.



Teacher’s Day Celebration – The students wished their teachers on the occasion of Teacher’s Day on 4<sup>th</sup> September. They showed their love and respect to their teachers by performing different activities in their respective classes.

5<sup>th</sup> September - This year’s teacher’s day was celebrated in a special way. Rev. Sr.Ramya arranged a trip for the teachers to Jhansi and Orcha . Different games were conducted along with a delicious lunch. The teachers enjoyed very much and thanked Rev .Sister.



Onam Celebration – Onam festival was celebrated by the teachers on a grand scale. The teachers wore the traditional attire of Kerala. A beautiful floral rangoli was made and the teachers did ‘ Thiruvathira dance’ around the’ pookkalam.’ The’ payasam’ a sweet dish made by the Keralite teachers made it more attractive.



Awareness programme on environmental crisis – The Eco club conducted an awareness programme on environmental crisis . They put emphasize on the cause of it. The degradation of ecological balance, increase in temperature , less rainfall etc. to make the students aware of consequences.



USM Swatch Bharat – The USM Club conducted a seminar on ‘Say no to plastic’ to encourage the students not to use plastic as they are a growing menace to the environment. They encouraged the students to use reusable baskets and bags etc.



Rev.Sr.Ramya’s birthday – Our principal Rev. Sr. Ramya’s birthday was celebrated on 28<sup>th</sup> September. The teachers showed their token of love and gratitude by wishing her with a bouquet . A delicious cake was cut by sister followed by coffee and snacks.



Gandhi Jayanti – The celebration of Gandhi Jayanti was anticipated on 1<sup>st</sup> October. The students paid respect and homage to the Father of the Nation, with a rally and service. They cleaned the school campus and promised to keep the surroundings clean.



An awareness programme for teachers was organized by Dr. Roza Olyay which was very informative and beneficial for all of us. A free blood test camp was also organized by her.

DIWALI CELEBRATION – Diwali celebration saw its gala show presented by the students of class X . The Ram Leela staged by the students of class X was enjoyed by the crowd of excited students. Almost 250 students participated in the programme. It was indeed a colourful performance.



### IN SCHOOL COMPETITIONS

HANDWRITING COMPETITION : An English Handwriting competition was held for classes I to VIII on the 30<sup>th</sup> of March .. The students showed their skill in Cursive handwriting and gave us a glimpse of their talent .

POSTER MAKING COMPETITION :A Poster making competition was held on 30<sup>th</sup> April 2019 on the topic – “Indian culture and heritage” for classes IX & X . The children presented an array of picturisque paintings of culture and Indian heritage conducted by the Art dept. The winners were :



MAPPING FAIRY TALE : A Fairy Tale Mapping Competition was held for the classes 6 to 8. It was a reconstruction of the fairy tales which was to be mapped on papers ,sorting out destinations.

**SPEECH ON FAMOUS PERSONALITIES :** An Interhouse speech on famous personalities for classes 9 and 10 was conducted by the English Department. Great words spoken by great people are often emulated. The competition was conducted to bring an awareness about the great personalities through their speech. The participants were full of fervor and displayed their talent to deliver their speech giving them their own flavor. The judges were Rev.Sr.Ancy, Mrs. Shilpa Jain and Miss. Kerine Extros. The first position was bagged by Tanushka of IX B, second Manaswini Rawal of X E and third Yogita Parashar respectively.



**PICTURE IDIOMS :** A Picture Idioms Competition was conducted by the Hindi Department for the classes 6 to 8. The students actively took part in it. They explained their ideas through the pictures. It was really worth seeing their creativity.



**HINDI HANDWRITING COMPETITION :** In order to motivate the students to form their alphabets properly the Hindi Department conducted Hindi Handwriting Competition for classes 1 to 8. The students showed their enthusiastic participation. The best three students were selected from each class.

**BE AN ARTIST -** This competition was conducted by the Arts Department for the classes 6 to 10. Class 6 students had painting competition in which they used beautiful colours to make it attractive.

Students of class 7 did a Doodling Art which is but simple drawing that can have concrete meaning and shape. The best were given certificates.

**ENGLISH EXTEMPORE :** A House Wise English Extempore competition was conducted for the students of XI and XII. The topic was given ten minutes before the competition. The students showed their talents and expressed their views on the given topic. The winners were Yasra Ahmed of Blue House, Samridhi Khandelwal of Blue House and Shirali Tiwari. The competition was judged by Fr Aarokia Dos, Mr. John and Mrs Madhumita Bhattacharya.



**PATRIOTIC SINGING AND DANCE COMPETITION:** A house wise patriotic singing competition was conducted by The Cultural Department for the classes VI – VIII. The students filled the air with their melodious songs. The first position was taken by Yellow house, second Blue house and the third Green house respectively.

**GROUP DANCE COMPETITION :** A group dance competition was conducted on the same day by cultural department for the classes VI – VIII. They came out with their talent in classical, semi classical and contemporary form of dances. Their energy level was commendable. The first position was taken by the Blue house, second Red house and the third Green house respectively. Mrs. Sandhya Raizada and Miss Preeti Sharma judged the competition.



**MATHS SKIT –** A House Wise Maths Skit competition was conducted by the Maths Department. The students showed their talent in acting in a humourous way. First position was bagged by Red House, second Yellow House and third Green House respectively. Mr. John and Mrs Meeta Manohar judged the competition.



**BE AN ARTIST \_** This competition was held for the classes 1 to 10 by the Arts Department. The topic was fuel conservation. The students actively took part in it. They came up with innovative ideas.



**SCIENCE QUIZ –** A Science Quiz was organized by the Science Department for the classes 6 to 8. It was a house wise competition. The students showed their talent by giving the answers quickly. The first position was taken by the Red House , the second Green House and the third Blue House respectively. It was organized by Mr. Tomar of the science department.



**MATHS RELAY RACE –** Maths Relay Race was conducted by the Maths Department for the classes 6 to 8. It was indeed very exciting. The students solved the puzzle and ran to the winning post. The first position was bagged by the Red House, second Yellow House and the third Green House respectively.



**ENGLISH STORY WRITING COMPETITION –** An English Story Writing Competition was conducted by the English Department for the students of class 9 to 11. The whole class participated in it. Three best stories were selected from each section. They were given certificate.

**ENGLISH NEWS READING -** An English News Reading Competition for the classes 9 and 10 was conducted by the English Department. The students PPT presentation and the way they read the news was praiseworthy. The first position was taken by the Red House, the second Blue House and the third Yellow House respectively.



**FUN WITH EXPERIMENT –** A ' Fun With Experiment ' class wise competition was conducted for the students of class 8. The students were divided into five groups. The competition was to develop scientific attitude in young minds. The topics for the experiment were Sugar Snake, Blowing Balloon, Lemon Volcano, Lava Lamp and the Rainbow. One group from each section won the competition.

**DUET CLASSICAL DANCE -** An Inter House Duet Classical Dance Competition was conducted by the cultural department. The students showed their talents by the perfect rhythmic steps. It was indeed pleasure watching the girls dance. The first position was taken by Tanishka Sharma and Antara Manjrekar of Blue House, Second also By Bhoomika Mishra and Sanskriti Sharma of Blue House and Ojaswi Sharma and Lakshita Tambe of Green House respectively.

**ORCHESTRA -** An Inter House Orchestra competition was conducted by the cultural department . The performance of the students was praise worthy. The girls showed their talents in playing different musical instruments. The judges were Miss. Kerine and Miss. Sanyogita for both the competitions.



A Hindi Debate Competition was held by the Hindi Department for the classes IX and X. It was indeed pleasure watching the girls performing so well with confidence. The first position was bagged by Nandini Goyal of Red House, Second Shreya Gautam of Blue House and the third Shaily Sharma of Green House.

Sanskrit Samvad Vachan Competition: A Sanskrit Samvad Vachan Competition was conducted by the Sanskrit Department in which the students participated enthusiastically. The first position was bagged by the students of Red House, the second Blue and Yellow House and the third Green House.

### VENI VEDI VECI



Aditi Singh of class 6 A has won second prize in drawing competition

organized by municipal Corporation Gwalior And has been awarded with a prize , trophy and Certificate .



Anushka Chandil of class 6 A has won the first rank in Aloha Abacus Talent search

competition organized by Ashok Jain in Kala Vitheka she has been awarded with the trophy and Certificate.



Naina Rajpooth of class 6 E has secured 1 position in Hindi Hand writing competition and 2nd

position in the dance competition organized by Baal Hitkari Samiti ,Shahbad Pratap Ashram.



Palak Agrawal of class VII A participated in' Muaythai' Competition organized by Muaythai Association Samiti at

Pachmari. She has won the gold medal in the state level.



Ashi Sharma of class XI A won first prize in Texture Painting Competition

organized by Maheshwari Women 's Association.



Pragati Vijayawargiya of class X B participated in a Drawing Competition organized by HUM

Foundation and secured a consolation prize.



Aarya Gurjar of class X C participated in All India Open Chess Tournament held at Punjab and was ranked 10<sup>th</sup>. She also participated in State level chess tournament held at Sehore and secured 1st position and was selected for nationals. She participated in State

level competition held in Bhopal and has been selected for nationals. She won the first position in Gwalior open Senior Chess Championship.



Shubhi Chauhan of Std VIII A secured first position in CBSC Cluster Athletics and has been awarded with a certificate and gold medal at Satna.

Silver Medal in 600 mt. in State Athletics Championship at Indore.



Rashika Kushwah of class X B participated in Drawing Competition held by DB Mall at Gwalior. She also participated in Beti Bachao , Beti Padoo Competition held by Mahila Samiti at Bal Bhawan. She won third prize in

both the competition and was awarded with a trophy and certificate.



Khyati Singhal of class X E participated in a summer Camp held by JCI, IPS group of colleges, Shivpuri Link Road, Gwalior. She has won 2 gold medals for 50m and 25m free

style swimming and was awarded with a certificate.





Somya Srivastava of 9th std participated in classical Kathak dance competition held on 1st Jan 2019 by government Madhav Sangeet Mahavidyalaya and she secured the first position and was awarded with the trophy and certificate



Devishi Agrawal of class IX E secured 2<sup>nd</sup> position in 70<sup>th</sup> MP State level Basket ball open championship and is awarded with a cash prize of Rs. 8000/-. She has also secured 2<sup>nd</sup> position in Junior Basketball school championship held in Gwalior.



Rashi Gupta of std IX D has participated in a dance competition organized by Sun Valley and has secured 1<sup>st</sup> position .



Atishi Jain of class IX D participated in Akhil Bhartiya Mahila Parishad dance competition and has secured 1<sup>st</sup> position.



Ronak Ahuja of IX D achieved the Gold Star Award in a dance competition held by Pradesh Today and New Event Company.



Kavya Narve of class IX D has secured 1<sup>st</sup> position in District Level Taekwondo Championship.



Shruti Mangal of class XI E participated in Rangarang Mega Drawing Competition and has secured 2<sup>nd</sup> position.



Manvika Singh of Class VIII A participated in MP State Basketball Championship and won the 5<sup>th</sup> position.



Pari Agrawal of X C has participated in "Muthaiy District level Competition" held in Gwalior at Khel Parisar , under weight of 65kg. She was awarded with a silver medal and a certificate.



Kritika Singh Rajput of class X B won a gold medal in State Level Taekwondo Championship organized by SGFI held at Vidisha. She has been selected for nationals.



Merly Ann Roy of class X E secured consolation prize in Drawing Competition held by Rangtarang.,



Hiba of IV D and Mohita Tambe of IV C participated in ITM Global Nrtiyanjali solo dance competition in classical and western . Both of them secured 2<sup>nd</sup> position.



Vanshika Chadda and Abhigya Jaiswal of class X D participated in Junior Level Basket ball championship held at Indore from 20th Sept to 26th Sept and achieved participation certificate.



Aishanya Khare of class 10th A secured first prize in debate competition organized by society.

Sanvi Agarwal of 10th C secured 2 position in swimming competition of 25m and 50 m race held at IPS college

Akshara Shivhare of std VIII D secured 2 rank in Mental Arithmetic Talent Search Competition

Anshika Chauhan of class X E participated in SDFI Basketball Junior Championship and secured 2<sup>nd</sup> position in District and State level.

Shubhi Khandelwal of class XI E participated in State level Basketball championship and secured 2<sup>nd</sup> position.

Apoorva Dar of class Xii D participated in 70<sup>th</sup> Junior state level Basket Ball Tournament at Indore from 20th September to 25th September.

Gunjan Deo of class X C participated in Basket ball Championship held at Khel Parisor , Gwalior and was awarded with 1<sup>st</sup> runner up trophy and a kit. She has also won an award of Bal' Ratna ' organized by Agricultural College.

## FELICITATIONS

Mrs. Eugene Extros was felicitated by International Institute of Hotel Management for selfless service in the field of education



Under the aegis of Akhil Bharatiya Hindi Samman, Mrs .Kanchan Tiwari was awarded as

Mrs.Padmaja Shankar was awarded as the Best teacher in the field of Bharatnatyam by Raja Man Singh College .

the best Hindi teacher organized by Madhuban Publishers in Delhi.

## INTER – SCHOOL SAHODAYA COMPETITION

Rudrapriya Dandotiya of class 6 D, Tejaswani Tomar of class 7 C, Sampada Kushwah of class 8 D, Aditri Gupta of class 8 A participated in Junior Freestyle Swimming Competition ( 4x50 mts ) conducted by Sahodaya and won Silver Medal.

Kavya Milind of class 4 D and Gauri Dubey of class 3 A participated in Sahodaya Inter School Ellucution Competition conducted by St. Paul's School, Morar and Kavya Milind got third prize and Gauri got participation certificate.

A Brochure Making Competition was held by Gwalior Glory High School in which our girls Aakriti of class 9 and Pragati Vijayawargia of class X E participated . They bagged the second position.

Bhashan Pratiyogita Competition was organized by Doon Public School in which Krishna Pathak won the first position.

An Inter School Vad – Vivad Pratiyogita was organized by Podar International School. Nandini Goyal of class IX D and Sumangala Bharghav of class X E got the participation certificate.

YOGA :- A district level Yoga Tournament was held at LAHS on 9<sup>th</sup> August 2019. Our junior team won the second position.

A District Level Yoga Tournament was held at Radiant School on 11<sup>th</sup> August 2019 to 12<sup>th</sup> August 2019. Three of our girls Siddhima Mudgal , Kanishka Dutt and Sonakshi Sharma s got second place.

A State Level Yoga Tournament was held at Jiwaji Club in which Agamyia won the first position. She has also secured second position in the tournament held at Ratlam.

## KINDERGARTEN

A solo dance competition was held on 3<sup>rd</sup> Sept. It was a colourful event where the L.K.G and the U.K.G kids danced to the rhythm of folk songs. Teachers from senior section were entrusted to judge the event.

A Drawing Competition was conducted on 7<sup>th</sup> Sept. 2019. The competition was open to all the students of L.K.G and U.k.G. The little artists showed their creativity and imagination through their drawings. Winners were chosen from each section

English and Hindi handwriting competition was conducted for L.K.G. and U.K.G. All the students participated wholeheartedly.

A Maths competition was held on 4<sup>th</sup> Oct. All the children who participated in this competition exhibited a lot of enthusiasm . The little mathematicians showed their intelligence through this competition. Winners were chosen from each section.

## PRIMARY

1. **Story Telling Competition With Props** was held for the students of classes I – IV by English Association. It was judged according to expression, theme presentation and the moral conveyed First three entries were awarded from each class.



2. **Art Competition** was arranged for the students of classes I – III brought out their artistic talents. The Art teachers selected the winners according to the neatness, creativity and execution of the topic.
3. **The Hindi Recitation** organized for the students of classes I –III proved to be a wonderful experience for the teachers and the students where the students recited their poems in their own style. The winners were decided by Mrs. Shailaja Dixit and Mrs Kanchan Tiwari based on the particulars, expressions and clarity of speech. Red, Blue and Blue houses were declared the I, II , III prize winners.



4. **Hindi Spell Bee competition** was held for the classes I – III where the students participated actively and the best three entries from each section were awarded.

5. **English Elocution Competition** was organized for the classes IV – V . The topics for these were ' Reading a good habit ' and ' Home sweet home ' A house wise competition it brought out the students ability to speak. With enthusiasm and will to win. The judges for this were Mrs. Vimala Willam and Mrs. Shilpa jain. The results were I position Jiya Saloni, Blue house , II position Mohita Tambe green house and III position Manjari Gokhale of red house.



6. **Hindi Recitation Competition** was held for classes IV – V. The students recited their poems with much expressions and enthusiasm. It was a house competition. The result of class IV was I Blue House II and III position by yellow house. The results of class V Yellow house , II Blue house and III Red house.



7. **Artist – Energy/ Fuel Conservation Competition** was held for classes IV – V Students came up with beautiful and innovative and thoughtful ideas and excitedly implemented their ideas. The first three entries from each class was awarded.
8. **Advt. Designing-** (Design and sell your product) competition was organized for classes IV-V. A house wise competition, it brought out the students ability to speak with enthusiasm and will to win. The winners were selected house wise.
9. **Describe your object competition** was held for the class I. Students participated enthusiastically. First three entries were awarded from each class.